

EXERCISE

A People Who Participate

A LIFE OF PURPOSE

God doesn't just call his people collectively—he calls you personally. Your unique vocation lives at the intersection of two things: what your heart beats for and what your heart breaks for. This week, spend some time answering the following questions to help you find that intersection and take one faithful step toward it.

Part 1 — What Your Heart Beats For

Your gifts, talents, and passions are not accidents. They are part of how God designed you to participate in his mission. Answer these questions as honestly as you can—if you're unsure, write what others have told you or what comes most naturally.

What do you do that makes you feel most alive—like you're doing exactly what you were made for?

What gifts or strengths do people consistently come to you for?

What activities—at work, at home, at church, or in your community—energize you rather than drain you?

Part 2 — What Your Heart Breaks For

Your compassion is also a clue. The problems, pain, and injustices that stop you in your tracks—the ones others seem to walk past—often point toward where God is inviting you to serve.

What brokenness in the world or in your community do you find hardest to ignore?

Who are the people—a group, a neighbor, a kind of person—you find yourself drawn toward or burdened for?

What problem, if you had the power to help solve it, would you give yourself to without hesitation?

Part 3 — Finding the Intersection

Look back at what you wrote in Parts 1 and 2. Your vocation often lives where your gifts and passions meet a real need in the world around you—where what you're built to do connects with what breaks your heart.

Where do you see an overlap between what your heart beats for and what your heart breaks for?

Based on that intersection, commit to one small, faithful step this week:
“This week, I will participate in God’s kingdom by...”

Closing Prayer

“Father, you made me on purpose and for a purpose. Show me where my gifts and my grief point toward your mission. Give me the courage to say yes to what you’ve prepared for me—and the wisdom to say no to everything else.”