



The BREAD acronym is a tool designed to help you slow down and prayerfully read the Bible. Use these passages to guide your time with God and prepare your heart to engage in the practice of vocation.

BE STILL

Find a place where you can remove distractions and practice being still and silent. Then ask God to be with you and speak to you. Pray that the Holy Spirit will guide your time and draw you near to Jesus.

READ

Read through the passage for the day. Then read through it again slowly. Write down what you observe and any questions you might have. What stands out? What is repeated? What is compared or contrasted? What words are unfamiliar?

EXAMINE

Examine the text and then let the text examine you. What is the context of this passage and how does it relate to the story of Scripture? Use a study Bible or commentary to dig deeper into what this author intended to communicate. Seek to discover what God is revealing and how it speaks to your heart and mind. Write your reflections.

APPLY

Write down one thing you believe God is asking you to do in response. Is there a sin to avoid, a promise to trust, an example to follow, a command to obey, or knowledge about God and his plan that changes, challenges, or comforts you? How will you apply this passage to your life today?

DEVOTE TO PRAYER

Finally, close by writing a simple prayer of devotion to God, praising him for who he is and thanking him for what he has done for you. Ask that, through the power of the Holy Spirit, his truth would bear fruit in your life as you trust in and follow Jesus.

BREAD
A People Who Participate

A LIFE
OF PURPOSE

DAY 1:

And God blessed them. And God said to them, “Be fruitful and multiply and fill the earth and subdue it, and have dominion over the fish of the sea and over the birds of the heavens and over every living thing that moves on the earth.” Genesis 1:28

BE STILL

READ

.....

.....

.....

.....

.....

EXAMINE

.....

.....

.....

.....

.....

APPLY

.....

.....

.....

.....

.....

DEVOTE TO PRAYER

.....

.....

.....

.....

.....

BREAD
A People Who Participate

A LIFE
OF PURPOSE

DAY 2:

All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age. Matthew 28:18-20

BE STILL

READ

.....

.....

.....

.....

.....

EXAMINE

.....

.....

.....

.....

.....

APPLY

.....

.....

.....

.....

.....

DEVOTE TO PRAYER

.....

.....

.....

.....

.....

BREAD
A People Who Participate

A LIFE
OF PURPOSE

DAY 3:

For we are his workmanship, created in Christ Jesus for good
But you will receive power when the Holy Spirit has come
upon you, and you will be my witnesses in Jerusalem and in all
Judea and Samaria, and to the end of the earth. Acts 1:8

BE STILL

READ

.....

.....

.....

.....

.....

EXAMINE

.....

.....

.....

.....

.....

APPLY

.....

.....

.....

DEVOTE TO PRAYER

.....

.....

.....

.....

BREAD
A People Who Participate

A LIFE
OF PURPOSE

DAY 4:

Now there are varieties of gifts, but the same Spirit; and there are varieties of service, but the same Lord... To each is given the manifestation of the Spirit for the common good. 1 Corinthians 12:4-7

BE STILL

READ

.....

.....

.....

.....

.....

EXAMINE

.....

.....

.....

.....

.....

APPLY

.....

.....

.....

.....

.....

DEVOTE TO PRAYER

.....

.....

.....

.....

.....

BREAD
A People Who Participate

A LIFE
OF PURPOSE

DAY 5:

Beloved, we are God’s children now, and what we will be has not yet appeared; but we know that when he appears we shall be like him, because we shall see him as he is. 1 John 3:2

BE STILL

READ

.....

.....

.....

.....

.....

EXAMINE

.....

.....

.....

.....

.....

APPLY

.....

.....

.....

DEVOTE TO PRAYER

.....

.....

.....

.....

DAY 6:

No longer will there be anything accursed, but the throne of God and of the Lamb will be in it, and his servants will worship him. They will see his face, and his name will be on their foreheads. And night will be no more. They will need no light of lamp or sun, for the Lord God will be their light, and they will reign forever and ever. Revelation 22:3-5

BE STILL

READ

.....

.....

.....

.....

.....

EXAMINE

.....

.....

.....

.....

.....

APPLY

.....

.....

.....

.....

.....

DEVOTE TO PRAYER

.....

.....

.....

.....

.....