



The BREAD acronym is a tool designed to help you slow down and prayerfully read the Bible. Use these passages to guide your time with God and prepare your heart to engage in the practice of vocation.

## **BE STILL**

Find a place where you can remove distractions and practice being still and silent. Then ask God to be with you and speak to you. Pray that the Holy Spirit will guide your time and draw you near to Jesus.

## **READ**

Read through the passage for the day. Then read through it again slowly. Write down what you observe and any questions you might have. What stands out? What is repeated? What is compared or contrasted? What words are unfamiliar?

## **EXAMINE**

Examine the text and then let the text examine you. What is the context of this passage and how does it relate to the story of Scripture? Use a study Bible or commentary to dig deeper into what this author intended to communicate. Seek to discover what God is revealing and how it speaks to your heart and mind. Write your reflections.

## **APPLY**

Write down one thing you believe God is asking you to do in response. Is there a sin to avoid, a promise to trust, an example to follow, a command to obey, or knowledge about God and his plan that changes, challenges, or comforts you? How will you apply this passage to your life today?

## **DEVOTE TO PRAYER**

Finally, close by writing a simple prayer of devotion to God, praising him for who he is and thanking him for what he has done for you. Ask that, through the power of the Holy Spirit, his truth would bear fruit in your life as you trust in and follow Jesus.

**BREAD**  
**Work as Worship**

**A LIFE**  
**OF PURPOSE**

**DAY 1:**

The LORD God took the man and put him in the garden of Eden to work it and keep it. Genesis 2:15

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**BE STILL**

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**READ**

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**EXAMINE**

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**APPLY**

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**DEVOTE TO PRAYER**

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**DAY 2:**

And God blessed them. And God said to them, “Be fruitful and multiply and fill the earth and subdue it, and have dominion over the fish of the sea and over the birds of the heavens and over every living thing that moves on the earth.” Genesis 1:28

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**BE STILL**

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**READ**

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**EXAMINE**

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**APPLY**

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**DEVOTE TO PRAYER**

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**DAY 3:**

For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them. Ephesians 2:10

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**BE STILL**

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**EXAMINE**

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**APPLY**

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**DEVOTE TO PRAYER**

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**DAY 4:**

Whatever you do, work heartily, as for the Lord and not for men, knowing that from the Lord you will receive the inheritance as your reward. You are serving the Lord Christ. Colossians 3:23-24

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**BE STILL**

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**EXAMINE**

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**APPLY**

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**DEVOTE TO PRAYER**

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**DAY 5:**

Since we have these promises, beloved, let us cleanse ourselves from every defilement of body and spirit, bringing holiness to completion in the fear of God. 2 Corinthians 7:1

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**BE STILL**

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**EXAMINE**

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**DEVOTE TO PRAYER**

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**DAY 6:**

For even the Son of Man came not to be served but to serve,  
and to give his life as a ransom for many. Mark 10:45

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**BE STILL**

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**EXAMINE**

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