



The BREAD acronym is a tool designed to help you slow down and prayerfully read the Bible. Use these passages to guide your time with God and prepare your heart to engage in the practice of vocation.

BE STILL

Find a place where you can remove distractions and practice being still and silent. Then ask God to be with you and speak to you. Pray that the Holy Spirit will guide your time and draw you near to Jesus.

READ

Read through the passage for the day. Then read through it again slowly. Write down what you observe and any questions you might have. What stands out? What is repeated? What is compared or contrasted? What words are unfamiliar?

EXAMINE

Examine the text and then let the text examine you. What is the context of this passage and how does it relate to the story of Scripture? Use a study Bible or commentary to dig deeper into what this author intended to communicate. Seek to discover what God is revealing and how it speaks to your heart and mind. Write your reflections.

APPLY

Write down one thing you believe God is asking you to do in response. Is there a sin to avoid, a promise to trust, an example to follow, a command to obey, or knowledge about God and his plan that changes, challenges, or comforts you? How will you apply this passage to your life today?

DEVOTE TO PRAYER

Finally, close by writing a simple prayer of devotion to God, praising him for who he is and thanking him for what he has done for you. Ask that, through the power of the Holy Spirit, his truth would bear fruit in your life as you trust in and follow Jesus.

DAY 1:

Then God said, “Let us make man in our image, after our likeness.” So God created mankind in his own image, in the image of God he created them; male and female he created them.

Genesis 1:26-27

BE STILL

READ

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EXAMINE

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APPLY

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DEVOTE TO PRAYER

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DAY 2:

I am the LORD your God, who brought you out of the land of Egypt, out of the house of slavery. You shall have no other gods before me. You shall not make for yourself a carved image, or any likeness of anything that is in heaven above, or that is in the earth beneath, or that is in the water under the earth. Exodus 20:1-4

BE STILL

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EXAMINE

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APPLY

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DEVOTE TO PRAYER

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DAY 3:

He is the image of the invisible God, the firstborn of all creation. For by him all things were created, in heaven and on earth, visible and invisible, whether thrones or dominions or rulers or authorities—all things were created through him and for him. And he is before all things, and in him all things hold together. Colossians 1:15-17

BE STILL

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EXAMINE

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APPLY

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DEVOTE TO PRAYER

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DAY 4:

You have put off the old self with its practices and have put on the new self, which is being renewed in knowledge after the image of its creator. Colossians 3:9-10

BE STILL

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EXAMINE

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APPLY

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DEVOTE TO PRAYER

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DAY 5:

For those whom he foreknew he also predestined to be conformed to the image of his Son. Romans 8:29

BE STILL

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EXAMINE

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APPLY

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DEVOTE TO PRAYER

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DAY 6:

And we all, with unveiled face, beholding the glory of the Lord, are being transformed into the same image from one degree of glory to another. For this comes from the Lord who is the Spirit. 2 Corinthians 3:18

BE STILL

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EXAMINE

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